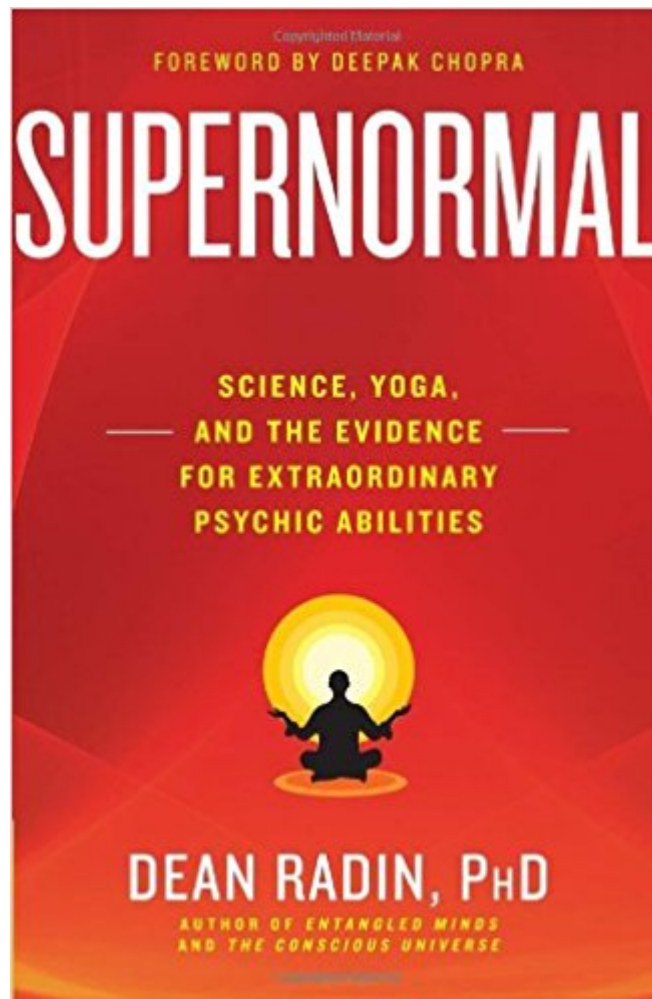


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Supernormal: Science, Yoga, And The Evidence For Extraordinary Psychic Abilities



Synopsis

Can yoga and meditation unleash our inherent supernormal mental powers, such as telepathy, clairvoyance, and precognition? Is it really possible to perceive another person's thoughts and intentions? Influence objects with our minds? Envision future events? And is it possible that some of the superpowers described in ancient legends, science fiction, and comic books are actually real, and patiently waiting for us behind the scenes? Are we now poised for an evolutionary trigger to pull the switch and release our full potentials? Dean Radin, Director of Research at the Institute of Noetic Sciences (IONS) and bestselling author of *The Conscious Universe*, presents persuasive new experimental evidence for the existence of such phenomena. He takes us on a thrilling scientific journey and challenges outdated assumptions that these abilities are mere superstition. Focusing on Patanjali's mysterious Yoga Sutras -- 2,000 year-old meditation practices believed to release our extraordinary powers -- Radin offers powerful evidence confirming that sometimes fact is much stranger, spookier, and more wonderful than the wildest fiction.

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Customer Reviews

This book is about the current state of affairs in the scientific field of legitimate psi and paranormal research. For those who are unfamiliar with the author, Dean Radin is one of the world's most towering forces active in this field. Radin is also the head of the Institute of Noetic Science (IONS), established almost 40 years ago by former American astronaut and moon-walker Dr. Edgar Mitchell. IONS is today one of the world's foremost research institutes for the study of "consciousness." Though the American Association for the Advancement of Science (AAAS), as one of the leading

science institutes in the world, formally inducted the Para-psychological Association into its organization in 1969, the ugly truth is the majority of the science and academic leaders in the world continue to snub their noses and ignore the important research, knowledge and cutting-edge progress that has been made in the field of parapsychology over the last 50 years. The biased cynicism of these dinosaurs is totally unacceptable and diametrically opposed to legitimate advancement in any age of reason. As a great man once said - "The discovery of important new knowledge is entirely irrelevant to its implications." DR. Radin uses the subject and history of Yoga, and some of the more fantastic claims by its ancient adherents as a backdrop to present many of the legitimate new research projects and current evidence which supports the factuality and existence of consciousness as a distinct force of nature and integral component of the universe. He also describes some of the most current repeatable scientific testing and results which strongly support the legitimacy of genuine paranormal presence in many humans.

I did not read this book looking for evidence of extraordinary psychic abilities. I have experienced many of the things that are discussed here, beginning almost forty years ago, and since that time my search has been for the truth about what they are, where they come from and how to get more of them in my life. Over the years, that search has evolved from being part of the content of my life to being the context of my life. One thing this book has done for me is to fill in some of the holes and gaps in my picture of what it is and how it works (the "it" being "life"), from an organized, logical and expanded perspective. If I had this book at the beginning, I am certain that I would be at least ten years younger now than I am. But, of course, this kind of book didn't exist forty years ago, and barely exists today, no thanks to the community in which the author matured. The "Scientific Community" itself is the main roadblock to not only this kind of book, but also to unlocking the mysteries of the universe which will allow us to thrive, excel and actualize our full potential, and may be the answer to our survival as individuals and as a species. So this subject is not some obtuse esoteric woo-woo BS the critics try to make it out to be, it is something everyone on the planet should have high on their list of priorities, "the possibilities in being human." As I read through the book, there were parts I skimmed over. I am not interested in details of an experiment designed to provide evidence of precognition or telepathy. I have had direct experience of both, and a variety of others. I was bored last time I saw that information in some of Radin's work, or someone else's work.

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